



MOO DUK KWAN • EST. 1945

2026 U.S. KO DAN JA SHIM SA
AND
MOMENT WITH THE MASTERS
S C H E D U L E

Day 1 | Friday, November 13th

START	FINISH	KDJSS Track <i>Candidates + Youth Leaders</i>	MWM Track <i>Visitors + Silver Moo Do In</i>	LOCATION
3:00 PM	5:30 PM	Arrivals / Hotel Check In		Hotel Lobby
6:00 PM	7:00 PM	Dinner		Atrium (1st Floor)
7:15 PM	8:15 PM	Orientation & Workbook Review	Unlocking Chil Sung: Practical Applications	KDJSS – Terrace 4 MWM – Park Ballroom
8:30 PM	10:30 PM	Demonstration of Unity (Candidates Only)	<i>Free Time</i>	Park Ballroom

Day 2 | Saturday, November 14th

Moo Do Value – Yuk Sa (History) | Kick of the day – Ahp Cha Nut Gi

START	FINISH	KDJSS Track <i>Candidates + Youth Leaders</i>	MWM Track <i>Visitors + Silver Moo Do In</i>	LOCATION
7:00 AM	7:45 AM	Moo Pahl Dan Khum		Park Ballroom
8:00 AM	9:00 AM	Breakfast		Atrium (1st Floor)
9:30 AM	10:30 AM	8th / 9th Dan Candidates Conduct Yuk Sa Seminars (Instructor Rotations – 8 groups total) – Part 1 <i>7th/6th/5th/4th Dan – Park Ballroom; 3rd Dan – Terrace 4; 2nd Dan – Terrace 3; 1st Dan – Terrace 2; Gup Members – Terrace 1</i>		See details to the left
10:30 AM	10:45 AM	Break / Hydrate / Take Notes		
10:45 AM	11:45 AM	8th / 9th Dan Candidates Conduct Yuk Sa Seminars (Instructor Rotations – 8 groups total) – Part 2 <i>7th/6th/5th/4th Dan – Park Ballroom; 3rd Dan – Terrace 4; 2nd Dan – Terrace 3; 1st Dan – Terrace 2; Gup Members – Terrace 1</i>		See details to the left
12:00 PM	1:00 PM	Lunch		Atrium (1st Floor)
1:30 PM	2:30 PM	Gi Cho [Soo Gi]	1. Um and Yang <i>Dynamics: Balancing each through Hyung Practice</i> 2. REX Training – <i>Join Gi Cho class</i> 3. Chil Dan + [w/ World TAC]	KDJSS – Park Ballroom MWM – Terrace 1 Chil Dan – Terrace 3
2:30 PM	2:45 PM	Break / Hydrate / Take Notes		
2:45 PM	3:45 PM	Gi Cho [Jok Gi]	1. Leverage in Action: <i>Practical Self-Defense Fundamentals That Drive Success</i> 2. SMDI – 5 Physical Values of Movement 3. REX Meeting	KDJSS – Park Ballroom MWM – Terrace 1 SMDI – Terrace 2 REX – Terrace 4
3:45 PM	4:00 PM	Break / Hydrate / Take Notes		
4:00 PM	4:45 PM	Moo Do Dae Ryun – Yuk Sa + Ahp Cha Nut Gi	Hwa Sun Review (Yuk Dan +)	KDJSS – Park Ballroom Hwa Sun – Terrace 1
4:45 PM	-	MWM Group Picture		Park Ballroom
5:00 PM	6:00 PM	Dinner		Atrium (1st Floor)
6:30 PM	6:45 PM	U.S. & World Moo Duk Kwan History Seminar		Park Ballroom
7:00 PM	8:15 PM	Chil Sung Il Ro Hyung Chil Sung E Ro Hyung Chil Sung Sam Ro Hyung		Park Ballroom
8:15 PM	8:30 PM	TAC Debrief / Review of Candidate Needs <i>Candidate Demonstration Feedback</i> <i>Discuss 5th – 7th Dan Candidate Presentation Expectations</i>		Terrace 4
8:30 PM	8:45 PM	Review of Candidate Class Instruction and Evaluation Process		Terrace 4

Day 3 | Sunday, November 15th

Moo Do Value – Jun Tong (Tradition) | Kick of the day – Dollyo Cha Gi

START	FINISH	KDJSS Track <i>Candidates + Youth Leaders</i>	MWM Track <i>Visitors + Silver Moo Do In</i>	LOCATION
7:00 AM	7:45 AM	Moon Pahl Dan Khum → Reviving Inner Harmony <i>Reconnecting with the Founder's Neh Gung Wisdom</i>		Park Ballroom
8:00 AM	9:00 AM	Breakfast		Atrium (1st Floor)
9:30 AM	10:15 AM	Moo Do Dae Ryun – Jun Tong + Dollyo Cha Gi	1. Application of Sip Dan Khum 2. Chil Dan +	KDJSS – Park Ballroom MWM – Terrace 1 Chil Dan – Terrace 2
10:15 AM	10:30 AM	<i>Break / Hydrate / Take Notes</i>		
10:30 AM	11:30 AM	MWM Seminar		Park Ballroom
12:00 PM	1:00 PM	Lunch MWM → Farewell & Best Wishes to Candidates <i>Candidates meet with TAC Proctor to review class outline</i>		Atrium (1st Floor)
1:30 PM	2:30 PM	Chil Sung Hyung Review 1. CS4 – Sa Dan Candidates + Sam Dan 2. CS5 – O Dan Candidates + Sa Dan 3. CS6 – Yuk Dan Candidates + O Dan 4. CS7 – Chil Dan Candidates + Yuk Dan		CS4 - Park Ballroom CS5 – Park Ballroom CS6 – Terrace 1 CS7 – Terrace 3
2:30 PM	2:45 PM	<i>Break / Hydrate / Take Notes</i>		
2:45 PM	3:45 PM	Traditional Hyung Review 1. Kong Song Kun – Sa Dan Candidate + Sam Dan 2. Wang Shu – O Dan Candidate + Sa Dan 3. O Sip Sa Bo – Yuk Dan Candidates + O Dan		1. Park Ballroom 2. Park Ballroom 3. Terrace 1
3:45 PM	4:00 PM	<i>Break / Hydrate / Take Notes</i>		
4:00 PM	4:45 PM	Traditional Hyung Review 1. Sip Soo – Sa Dan Candidate + Sam Dan 2. Sei Shan – O Dan Candidates + Sa Dan 3. Ji On – Yuk Dan Candidates + O Dan		1. Park Ballroom 2. Park Ballroom 3. Terrace 1
4:45 PM	-	Il So Il So, Il Lo Il Lo		Park Ballroom
5:00 PM	5:45 PM	Dinner		Atrium (1st Floor)
6:00 PM	7:00 PM	Application of Model Class Design – Joseph Fry BSB (Sa Bom Candidate) – Matthew Maxam BSB (Sa Bom Candidate) – Sheri Czar BSB (Sa Bom Candidate)		Park Ballroom TAC Proctor: Brian Corrales SBN
7:15 PM	7:50 PM	Application of Model Class Design – Charles Miller KS (Bu Sa Bom Candidate) – Jill Erlandson (Kyo Bom Candidate) – David Carew (Kyo Bom Candidate)		Park Ballroom TAC Proctor: Sue Fittanto SBN
8:15 PM	8:30 PM	Class Instruction Feedback		Terrace 4
8:30 PM	8:45 PM	TAC Debrief / Review of Candidate Needs		Terrace 4

Day 4 | Monday, November 16th

Moo Do Value – Chul Hak (Philosophy) | Kick of the day – Dwi Podo Cha Gi

START	FINISH	KDJSS Track <i>Candidates + Youth Leaders</i>	Visitor Track <i>Visitors + Silver Moo Do In</i>	LOCATION
7:00 AM	7:15 AM	Moo Pahl Dan Khum <i>Chil Dan Candidate Group begins to lead MPDK</i>		Park Ballroom
7:15 AM	7:45 AM	Candidate Reps		Park Ballroom
8:00 AM	9:00 AM	Breakfast		Atrium (1st Floor)
9:30 AM	10:30 AM	Ho Sin Sul (Wrist Grabs)	1. Ground Sparring Fundamentals 2. Yuk Dan + (Hwa Sun)	KDJSS – Park Ballroom Visitors – Terrace 1 Hwa Sun – Terrace 3
10:30 AM	10:45 AM	<i>Break / Hydrate / Take Notes</i>		
10:45 AM	11:45 AM	Ho Sin Sul (Sleeve Grabs)		KDJSS – Park Ballroom
12:00 PM	1:00 PM	Lunch <i>Candidates meet with TAC Proctor to review class outline</i>		Atrium (1st Floor)
1:30 PM	2:15 PM	Moo Do Dae Ryun – Chul Hak + Dwi Podo Cha Gi	1. Creating Moo Geh to Generate Maximum Results 2. Chil Dan + [w/ World TAC]	KDJSS – Park Ballroom Visitors – Terrace 1 Chil Dan – Terrace 2
2:15 PM	2:30 PM	<i>Break / Hydrate / Take Notes</i>		
2:30 PM	3:30 PM	Yuk Ro Hyung (Du Mun, Joong Jul, Po Wol)		Park Ballroom
3:30 PM	3:40 PM	<i>Break / Hydrate / Take Notes</i>		
3:40 PM	4:50 PM	Dan Do Defense		Park Ballroom
4:50 PM	-	Il So Il So, Il Lo Il Lo		Park Ballroom
5:00 PM	5:45 PM	Dinner		Atrium (1st Floor)
6:00 PM	6:25 PM	Application of Model Class Design – Christie Alderton KS (Bu Sa Bom Candidate) – Jon Fantell JK (Kyo Bom Candidate)		Park Ballroom TAC Proctor: Jenn Gibbons SBN
6:35 PM	7:35 PM	Application of Model Class Design – Ilias Nicolaos KS (Sa Bom Candidate) – Leighanna Underwood KS (Sa Bom Candidate) – Mark Persinger KS (Sa Bom Candidate)		Park Ballroom TAC Proctor: Brian Corrales SBN
7:45 PM	8:45 PM	Application of Model Class Design – Nicole Herlofsky BSB (Sa Bom Candidate) – Charles Sponsler BSB (Sa Bom Candidate) – Daniel Murphy KS (Sa Bom Candidate)		Park Ballroom TAC Proctor: Christy Cooper SBN
9:00 PM	9:15 PM	Class Instruction Feedback		Terrace 4
9:15 PM	9:30 PM	TAC Debrief / Review of Candidate Needs <i>Distribute Candidate Question</i>		Terrace 4
9:30 PM	10:00 PM	Group Demonstration Review w/ TAC <i>O / Yuk / Chil Dan Candidates</i>		Park Ballroom

Day 5 | Tuesday, November 17th

Moo Do Value – Ki Khang & Jon Kyung (Discipline & Respect) | Kick of the day – Yup Podo Cha Gi

START	FINISH	KDJSS Track <i>Candidates + Youth Leaders</i>	Visitor Track <i>Visitors + Silver Moo Do In</i>	LOCATION
7:00 AM	7:15 AM	Moo Pahl Dan Khum		Park Ballroom
7:15 AM	7:45 AM	Candidate Reps		Park Ballroom
8:00 AM	9:00 AM	Breakfast		Atrium (1st Floor)
9:30 AM	10:45 AM	Yuk Ro Hyung Review <i>1. Po Wol: Sa Dan Cand + Sam Dan 2. Yang Pyun: O Dan Cand + Sa Dan 3. Sal Chu: Yuk Dan Cand + O Dan 4. Choong Ro: Chil Dan Cand + Yuk Dan</i>	1. Moo Do Training from the Inside to Outside 2. Chil Dan + [w/ World TAC]	KDJSS – Park Ballroom Choong Ro – Terrace 3 Visitors – Terrace 1 Chil Dan – Terrace 2
10:45 AM	11:00 AM	Break / Hydrate / Take Notes		
11:00 AM	11:45 AM	Ho Sin Sul Review		Park Ballroom
12:00 PM	12:45 PM	Lunch		Atrium (1st Floor)
12:45 PM	2:30 PM	Connect with Local Culture and Surroundings		Local Area
3:00 PM	3:45 PM	Moo Do Dae Ryun - Neh Kang Weh Yu + Yup Podo Cha Gi		Park Ballroom
3:45 PM	4:00 PM	Break / Hydrate / Take Notes		
4:00 PM	4:45 PM	Soo Bahk Do Gi Cho	Angled Defensive Movement during Kicking	KDJSS – Park Ballroom Visitors – Terrace 1
5:00 PM	6:00 PM	Dinner		Atrium (1st Floor)
6:30 PM	7:45 PM	Bong Defense		Park Ballroom
7:45 PM	8:00 PM	Break / Hydrate / Take Notes		
8:00 PM	9:00 PM	Dan Do + Bong Defense Review		Park Ballroom
9:00 PM	9:15 PM	TAC Debrief / Review of Candidate Needs		Terrace 4
9:30 PM	-	Sa Dan Candidate Workout		Park Ballroom

Day 6 | Wednesday, November 18th

Moo Do Value – Ki Sool (Technique) | Kick of the day – Ahneso Pahkuro Cha Gi

START	FINISH	KDJSS Track <i>Candidates + Youth Leaders</i>	Visitor Track <i>Visitors + Silver Moo Do In</i>	LOCATION
7:00 AM	7:15 AM	Moo Pahl Dan Khum		Park Ballroom
7:15 AM	7:45 AM	Candidate Reps		Park Ballroom
8:00 AM	9:00 AM	Breakfast		Atrium (1st Floor)
9:30 AM	10:30 AM	Il Soo Sik + Ahneso Pahkuro Cha Gi	1. Yeon Sok: Connected Movement for Better Technique 2. Chil Dan +	KDJSS – Park Ballroom Visitors – Terrace 1 Chil Dan – Terrace 2
10:30 AM	10:45 AM	<i>Break / Hydrate / Take Notes</i>		
10:45 AM	11:45 AM	Sam Soo Sik Dae Ryun (Traditional & Yuk Ro Application)	<i>Open floor training w/ TAC</i>	KDJSS – Park Ballroom Visitors – Terrace 1
12:00 PM	12:30 PM	Lunch		Atrium (1st Floor)
12:30 PM	1:45 PM	Candidates' Personal Time		-
2:00 PM	2:30 PM	Written Exam Review (Sa Dan Candidates Only)		Terrace 4
2:30 PM	2:40 PM	Group Project Feedback (Candidates Only)		Terrace 4
2:45 PM	3:45 PM	Pyung Ahn Hyung (Cho / E / Sam / Sa / O)	1. Neh Gong Bup 2. Chil Dan + [w/ World TAC]	KDJSS – Park Ballroom Visitors – Terrace 1 Chil Dan – Terrace 2
3:45 PM	4:00 PM	<i>Break / Hydrate / Take Notes</i>		
4:00 PM	4:45 PM	Moo Do In: Integrating Moo Do Chul Hahk into Daily Life and Training		Terrace 4
5:00 PM	6:00 PM	Dinner		Atrium (1st Floor)
6:00 PM	-	<i>Candidate evaluations by senior candidate groups and visiting alumni are due to TAC</i>		
6:30 PM	7:30 PM	Preparation for the Ko Dan Ja Shim Sa (Process Review with TAC)		Park Ballroom
7:30 PM	7:45 PM	<i>Break / Hydrate / Take Notes</i>		
7:45 PM	8:45 PM	Testing Hyung Review (Candidate Reps)		Park Ballroom

Day 7 | Thursday, November 19th

START	FINISH	KDJSS Track <i>Candidates + Youth Leaders</i>	Visitor Track <i>Visitors + Silver Moo Do In</i>	LOCATION
7:00 AM	7:15 AM	Moo Pahl Dan Khum (<i>Candidates Only</i>) <i>Meditation on prior training and preparation for the Shim Sa</i>		Park Ballroom
7:15 AM	7:45 AM	Preparation for the Ko Dan Ja Shim Sa (<i>Repetitions with Candidate Group</i>)		Park Ballroom
8:00 AM	9:00 AM	Breakfast		Atrium (1st Floor)
9:30 AM	10:30 AM	Candidate Questions w/ TAC (<i>Groups rotate, Hyung reps while waiting</i>)	Pyung Ahn Applications: <i>Refining Technique Understanding</i> (<i>for practitioners + tools for instructors</i>)	KDJSS – Terrace 4 Visitors – Park Ballroom
10:30 AM	-	Candidate Group Picture		Park Ballroom
10:45 AM	11:45 AM	Preparation for the Ko Dan Ja Shim Sa (<i>Repetitions with Candidate Group</i>)	<i>Open Floor Training w/ TAC</i>	KDJSS - Park Ballroom Visitors - Terrace 1
12:00 PM	1:00 PM	Lunch		Atrium (1st Floor)
1:30 PM	3:30 PM	2026 U.S. Ko Dan Ja Shim Sa: Candidate Final Presentation		Park Ballroom
6:30 PM	9:00 PM	2026 U.S. Ko Dan Ja Shim Sa Banquet <i>Celebrating 81 Years of the Moo Duk Kwan Farewell and Best Wishes</i>		Hotel