



2025 U.S. Ko Dan Ja Shim Sa & Moment with the Masters | **Schedule of Events** |

- *Strengthening the Art from the Inside to Outside* -

NOTE to Visitors: Special training sessions are an option upon request based on group needs - if a group is ready to train, reach out to TAC.
MWM Participants - Attendance is optional to seminars and have a choice to attend KDJS track or MWM seminars

Day / Time	KDJSS Track - Candidates -	MWM Track - Visitors -	Youth Leadership - Hwa Rang Track -	Room Assignments - Location -
Friday, November 14th				
3:00 PM to 5:30 PM	Arrivals / Hotel Check In (*Please note that this schedule is subject to change).			Hotel Lobby
6:00 PM to 7:00 PM	Dinner			Pre-Function Area
7:15 PM to 8:15 PM	KDJSS: Orientation & Workbook	MWM: Moo Do Dae Ryun - Defensive Strategy Against Consecutive Attacks	YL: Practical Sparring Applications	KDJSS - Salon 3C MWM - Crossland Ballroom YL - White Oak
8:30 PM to 10:30 PM	Candidate Demonstration (TAC Eval)	Free Time		Crossland Ballroom
Saturday, November 15th				
Moo Do Value Theme – Yuk Sa / History Kick – Ahp Cha Nut Gi				
7:00 AM to 7:45 AM	Moo Pahl Dan Khum			Crossland Ballroom
8:00 AM	Breakfast			Pre-Function Area
9:30 AM to 10:30 AM	Principles of Ho Sin Sul to Maximize Effectiveness	1. MWM: Dynamic Il Soo Sik (apply defensive fundamentals to standardized Il Soo Sik sparring drills) 2. Chil Dan +	YL: Moo Do Sparring Drills - w/ Andrew Cheever SBN -	KDJSS - Crossland Ballroom MWM - White Oak Chil Dan - Salon 3B YL - Salon 3A
10:30 AM to 10:45 AM	Break / Hydrate / Take Notes			
10:45 AM to 11:45 AM	Ho Sin Sul Standardization (Wrist Grabs)	1. MWM: Active and Reactive Ja Yu Dae Ryun (explore the flow of active and reactive energies in sparring) - w/ Russell Colston SBN - 2. Chil Dan +	YL: Creative Kyok Pa Applications in Hyung (maximize power in breaking)	KDJSS - Crossland Ballroom MWM - White Oak Chil Dan - Salon 3B YL - Salon 3A
12:00 PM	Lunch			Pre-Function Area
1:30 PM to 2:45 PM	Chil Sung Il Ro, E Ro, Sam Ro Hyung	1. MWM Option 1 - Self-Defense Concepts using Shin Chook Option 2 - O-Heng Exploration - w/ Daniel Bannard SBN - 2. REX: Training 3. Chil Dan +	YL: Jok Gi Combinations - Lunging Focus	KDJSS - Crossland Ballroom MWM Option 1 - White Oak MWM Option 2 - Salon 3A REX - Salon 3C Chil Dan - Salon 3B YL - Pre-Function Space
2:45 PM to 3:00 PM	Break / Hydrate / Take Notes			
3:00 PM to 4:45 PM	Instruction of Class Design (PCA) & Model Class <i>Sa Bom/Bu Sa Bom/Kyo Bom/Sa Dan Candidates</i>	1. MWM - Applications of Soo Bahk Do Gi Cho - <i>KDJ Candidates except Sa Bom or Sa Dan Candidates Join this Session -</i> 2. Silver Moo Do In Seminar 3. REX: Meeting <i>(Sessions above are from 3pm - 4pm)</i>	YL: 2 on 1 Sparring (Strategy, Drills, and Lightning Rounds)	KDJSS - White Oak MWM - Crossland Ballroom SMDI - Salon 3A REX - Salon 3C YL - Salon 3B
4:45 PM	MWM Group Picture			Crossland Ballroom
5:00 PM	Dinner			Pre-Function Area
6:30 PM to 6:55 PM	U.S. & World Moo Duk Kwan History Seminar			Crossland Ballroom
6:55 PM to 7:00 PM	Break / Hydrate / Take Notes			
7:00 PM to 8:30 PM	Chil Sung Sa Ro Hyung & Chil Sung O Ro Hyung	Sun Sok Mi 2.0: Sparring fundamentals that will support a higher level of Moo Do Sparring <i>(Session above is from 7pm - 8pm)</i>		KDJSS - Crossland Ballroom MWM - White Oak
8:30 PM to 8:35 PM	Break / Hydrate / Take Notes			
8:35 PM to 8:45 PM	TAC debriefing and review of candidate needs [Candidate Demonstration Feedback] [Discuss 5th-6th Dan Candidate Presentations]	Free Time		Salon 3C
8:45 PM to 9:00 PM	Review of Candidate Class Instruction and Evaluation Process. Review Materials (i.e. Kicking Pads) Available for Classes	Free Time		Salon 3C
Sunday, November 16th				
Moo Do Value Theme – Jun Tong / Tradition Kick – Yup Podo Cha Gi				
7:00 AM to 7:45 AM	Moo Pahl Dan Khum			Crossland Ballroom
8:00 AM	Breakfast			Pre-Function Area
9:30 AM to 11:00 AM	MWM Seminar			Crossland Ballroom
12:00 PM	Lunch Candidates - Meet with TAC Proctor to review your class outline. <i>MWM ---> Farewell and Best Wishes to Candidates</i>			Pre-Function Area