



2024 U.S. Ko Dan Ja Shim Sa & Moment with the Masters | Schedule of Events |

- Growing the Art from the Inside to the Outside -

NOTE to Visitors: Special training sessions are an option upon request based on group needs - if a group is ready to train, reach out to TAC.
MWM Participants - Attendance is Optional to Seminars and have a choice to attend KDJSS Track or MWM Seminars

Day / Time	KDJSS Track - Candidates -	MWM Track - Visitors -	Youth Leadership - Hwa Rang Track -	Room Assignments - Location -
Friday, November 15th				
3:00 PM to 5:30 PM	Arrivals / Hotel Check In (*Please note that this schedule is subject to change).			Hotel Lobby
6:00 PM to 7:00 PM	Dinner			Atrium (1st Floor)
7:15 PM to 8:15 PM	KDJSS: Orientation & Workbook	MWM: Moo Do Dae Ryun - Refining Defensive Habits	YL: Lightning Rounds - Moo Do Dae Ryun Drills	KDJSS - Terrace 4 MWM -Park Ballroom YL - Terrace 1
8:30 PM to 10:30 PM	Candidate Demonstration (TAC Eval)	Free Time		Park Ballroom
Saturday, November 16th Moo Do Value Theme – Yuk Sa / History Kick – Ahp Cha Nut Gi				
7:00 AM to 7:45 AM	Moo Pahl Dan Khum			Park Ballroom
8:00 AM	Breakfast			Atrium (1st Floor)
9:30 AM to 10:30 AM	9th Dan Candidates Conduct Yuk Sa Seminars for MWM (Instructor Rotations)			Park Ballroom
10:30 AM to 10:45 AM	Break / Hydrate / Take Notes			
10:45 AM to 11:45 AM	9th Dan Candidates Conduct Yuk Sa Seminars for MWM (Instructor Rotations)			Park Ballroom
12:00 PM	Lunch			Atrium (1st Floor)
1:30 PM to 2:45 PM	Chil Sung Il Ro, E Ro, Sam Ro Hyung	SAC Seminar	Making the transition from YL to Studio Owner	KDJSS - Terrace 1 MWM -Park Ballroom REX - Terrace 2 WTAC - Terrace 3 YL - Terrace 4
2:45 PM to 3:00 PM	Break / Hydrate / Take Notes			
3:00 PM to 4:45 PM	Instruction of Class Design (PCA) & Model Class Sa Bom/Bu Sa Bom/Kyo Bom/Sa Dan Candidates	1. Dan Shim Sa Call Sheet Review (Soo Gi + Jok Gi) - KDJ Candidates except Sa Bom or Sa Dan Candidates Join this Session - 2. Silver Moo Do In Seminar 3. World TAC Seminar (Chil Dan +) (Sessions above are from 3pm - 4pm)		KDJSS - Terrace 4 MWM -Park Ballroom SMDI - Terrace 1 WTAC - Terrace 2
4:45 PM	MWM Group Picture			Park Ballroom
5:00 PM	Dinner			Atrium (1st Floor)
6:30 PM to 7:00 PM	U.S. & World Moo Duk Kwan History Seminar			Park Ballroom
7:00 PM to 7:05 PM	Break / Hydrate / Take Notes			
7:05 PM to 8:30 PM	Chil Sung Sa Ro Hyung & Chil Sung O Ro Hyung	1. MWM: Sip Dan Kuhm Review (1-4) 2. REX: Jua Dae Ryun + Meeting with TAC	Dynamic Jump Kicks	KDJSS - Terrace 1 MWM -Park Ballroom REX - Terrace 4 YL - Terrace 2
8:30 PM to 8:35 PM	Break / Hydrate / Take Notes			
8:35 PM to 8:45 PM	TAC debriefing and review of candidate needs [Candidate Demonstration Feedback]	Free Time		Terrace 4
8:45 PM to 9:00 PM	Review of Candidate Class Instruction and Evaluation Process. Review Materials (i.e. Kicking Pads) Available for Classes Collect Kyo Bom / Bu Sa Bom / Sa Bom Forms	Free Time		Terrace 4
Sunday, November 17th Moo Do Value Theme – Jun Tong / Tradition Kick – Yup Podo Cha Gi				
7:00 AM to 7:45 AM	Moo Pahl Dan Khum			Park Ballroom
8:00 AM	Breakfast			Atrium (1st Floor)
9:30 AM to 11:00 AM	MWM Seminar with World TAC			Park Ballroom
12:00 PM	Lunch Candidates - Meet with TAC Proctor to review your class outline. MWM ---> Farewell and Best Wishes to Candidates			Atrium (1st Floor)



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Sunday, November 17th Moo Do Value Theme – Jun Tong / Tradition Kick – Yup Podo Cha Gi 			
1:30 PM to 2:30 PM	Chil Sung Hyung Review 1. CS4 - Sa Dan Candidates + Sam Dan 2. CS5 - O Dan Candidates + Sa Dan 3. CS6 - Yuk Dan Candidates + O Dan 4. CS7 - Chil Dan Candidates + Yuk Dan	1. Moo Do Dae Ryun - Level 2 2. World TAC Seminar (Chil Dan +)	1. Park Ballroom 2. Park Ballroom 3. Terrace 4 4. Terrace 3 Visitors - Terrace 2 WTAC - Terrace 1
2:30 PM to 2:45 PM	Break / Hydrate / Take Notes		
2:45 PM to 3:45 PM	Traditional Hyung Review 1. Kong Song Kun - Sa Dan Cand + Sam Dan 2. Wang Shu - O Dan Cand + Sa Dan 3. O Sip Sa Bo - Yuk Dan Cand + O Dan	Conducting an Awareness and Self-Defense Clinic (Discussion + Training)	1. Park Ballroom 2. Terrace 1 3. Terrace 2 Visitors - Terrace 3
3:45 PM to 3:55 PM	Break / Hydrate / Take Notes		
3:55 PM to 4:50 PM	Traditional Hyung Review 1. Sip Soo - Sa Dan Cand + Sam Dan 2. Sei Shan - O Dan Cand + Sa Dan 3. Ji On - Yuk Dan Cand + O Dan	Stillness in Motion During Jok Gi	1. Park Ballroom 2. Terrace 1 3. Terrace 2 Visitors - Terrace 3
4:55 PM	Il So Il So, Il Lo Il Lo		Park Ballroom
5:00 PM	Dinner		Atrium (1st Floor)
6:00 PM to 7:00 PM	Application of Model Class Design - John Ballard BSN* - Jared Vodden BSN* - Jack Pendergraph KSN* TAC Proctor: Cruz SBN	<i>Free Time</i> <i>NOTE: Visitors who are Sa Dan and above may watch the candidate's classes. Visitors who are Sam Dan and below may participate in the candidate's classes.</i>	Park Ballroom
7:15 PM to 8:35 PM	Application of Model Class Design - Shawn Hammond KSN* - Rogelio Ramirez KSN* - Caleb Underwood KSN* - Tory Mitchell KSN* TAC Proctor: Corrales SBN	<i>Free Time</i> <i>NOTE:</i> <i>* = Sa Bom Candidate,</i> <i>^ = Bu Sa Bom Candidate</i>	Park Ballroom
8:45 PM to 9:00 PM	Class Instruction Feedback	<i>Free Time</i>	Terrace 4
9:00 PM to 9:15 PM	TAC debriefing and review of candidate needs Distribute Candidate Question	<i>Free Time</i>	Terrace 4
Monday, November 18th Moo Do Value Theme – Chul Hak / Philosophy Kick – Dollyo Cha Gi 			
7:00 AM to 7:15 AM	Moo Pahl Dan Khum (Senior Candidate Group begins to lead MPDK)		Park Ballroom
7:15 AM to 7:50 AM	Candidate Reps	<i>Free Time</i>	Park Ballroom
8:00 AM	Breakfast		Atrium (1st Floor)
9:30 AM to 11:45 AM	1. Gi Cho - Soo Gi and Jok Gi 2. Yuk Dan + and Chil Dan Candidates - Hwa Sun		1. Park Ballroom 2. Terrace 1
12:00 PM	Lunch Candidates - Meet with TAC Proctor to review your class outline.		Atrium (1st Floor)
1:30 PM to 2:30 PM	Il Soo Sik	World TAC Seminar for Visitors	KDJSS - Park Ballroom Visitors - Terrace 1
2:30 PM to 2:40 PM	Break / Hydrate / Take Notes		
2:40 PM to 3:55 PM	Ho Sin Sul (Wrist Grabs)		Park Ballroom
3:55 PM to 4:00 PM	Break / Hydrate / Take Notes		



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4:00 PM to 4:55 PM	Ho Sin Sul (Sleeve Grabs)		Park Ballroom
4:55 PM	Il So Il So, Il Lo Il Lo		Park Ballroom
5:00 PM	Dinner		Atrium (1st Floor)
6:00 PM to 6:45 PM	Application of Model Class Design - William Bland - David Godlesky KSN [^] - Brian Hendrickson - Gautam Dravid TAC Proctor: Tsai SBN	Free Time NOTE: Visitors who are Sa Dan and above may watch the candidate's classes. Visitors who are Sam Dan and below may participate in the candidate's classes.	Park Ballroom
7:00 PM to 7:35 PM	Application of Model Class Design - Austin Walcher KSN [^] - Adam Corwin JKN - John Mocerì TAC Proctor: Fittanto SBN	Free Time NOTE: * = Sa Bom Candidate, ^ = Bu Sa Bom Candidate	Park Ballroom
8:00 PM to 8:35 PM	Application of Model Class Design - Marco Levy - Darryl Davis KSN [^] - Matthew Lowrie TAC Proctor: Duncan SBN	Free Time	Park Ballroom
9:00 PM to 9:15 PM	Class Instruction Feedback	Free Time	Terrace 4
9:30 PM to 9:45 PM	TAC debriefing and review of candidate needs	Free Time	Terrace 4
Tuesday, November 19th Moo Do Value Theme – Ki Khang & Jon Kyung / Discipline & Respect Kick – Ahneso Pahkuro Cha Gi 			
7:00 AM to 7:15 AM	Moo Pahl Dan Khum		Park Ballroom
7:15 AM to 7:50 AM	Candidate Reps	Free Time	Park Ballroom
8:00 AM	Breakfast		Atrium (1st Floor)
9:30 AM to 11:45 AM	Yuk Ro Hyung (Du Mun, Joong Jul, Po Wol)	1. Visitors - Enhance Performance in your Required Material (Step 1) 2. Chil Dan & Above (Sessions above from 9:30am - 10:30am)	KDJSS - Park Ballroom Visitors - Terrace 1 Chil Dan - Terrace 3
12:00 PM to 12:45 PM	Lunch		
12:45 PM to 3:00 PM	Connect with Local Culture and Surroundings		Local Area
3:00 PM to 4:00 PM	Yuk Ro Hyung Review 1. Po Wol - Sa Dan Cand + Sam Dan 2. Yang Pyun - O Dan Cand + Sa Dan 3. Sal Chu - Yuk Dan Cand + O Dan 4. Choong Ro - Chil Dan Cand + Yuk Dan	Relationship between Seon Sok Mi and Moo Geh	1. Park Ballroom 2. Park Ballroom 3. Terrace 4 4. Terrace 3 Visitors - Terrace 2
4:00 PM to 4:10 PM	Break / Hydrate / Take Notes		
4:10 PM to 4:50 PM	Ho Sin Sul Review / Repetitions	Free Time	Park Ballroom
5:00 PM	Dinner		Atrium (1st Floor)
6:30 PM to 7:50 PM	Dan Do Defense		Park Ballroom
7:50 PM to 8:00 PM	Break / Hydrate / Take Notes		
8:00 PM to 9:15 PM	Bong Defense		Park Ballroom
9:15 PM to 9:30 PM	TAC debriefing and review of candidate needs	Free Time	Terrace 4
9:30 PM	Sa Dan Candidate Workout	Free Time	Park Ballroom



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Wednesday, November 20th Moo Do Value Theme – Ki Sool / Technique Kick – Dwi Podo Cha Gi 			
7:00 AM to 7:15 AM	Moo Pahl Dan Khum		Park Ballroom
7:15 AM to 7:50 AM	Candidate Reps	Free Time	Park Ballroom
8:00 AM	Breakfast		Atrium (1st Floor)
9:30 AM to 10:30 AM	Pyung Ahn Hyung (Cho / E / Sam / Sa / O)	1. Visitors - Hyung Review and Refinement 2. Chil Dan & Above	KDJSS - Park Ballroom Visitors - Terrace 1 Chil Dan - Terrace 3
10:30 AM to 10:45 AM	Break / Hydrate / Take Notes		
10:45 AM to 11:45 AM	Sam Soo Sik Dae Ryun (Traditional & Yuk Ro Application)		Park Ballroom
12:00 PM	Lunch		Atrium (1st Floor)
12:30 PM to 1:45 PM	Candidate's Personal Time	Free Time	-
2:00 PM to 2:30 PM	Written Exam Review (Sa Dan Candidates Only)	Open Floor Training with TAC	KDJSS - Terrace 4 Visitors - Park Ballroom
2:30 PM to 2:45 PM	Group Project Feedback (All Candidates)	Open Floor Training with TAC	KDJSS - Terrace 4 Visitors - Park Ballroom
2:45 PM to 3:45 PM	Testing Hyung Review (Candidate Repetitions)	Visitor Seminar with TAC	KDJSS - Terrace 1,2,3,4 Visitors - Park Ballroom
3:45 PM to 4:00 PM	Break / Hydrate / Take Notes		
4:00 PM to 4:50 PM	Dan Do and Bong Review / Repetitions	Open Floor Training with TAC	KDJSS - Park Ballroom Visitors - Terrace 1,2,3,4
5:00 PM	Dinner		Atrium (1st Floor)
5:30 PM	Candidate evaluations by the Senior Candidate Groups and Visiting Alumni are due to TAC		-
6:30 PM to 7:30 PM	Preparation for the Ko Dan Ja Shim Sa (Process Review with TAC)	Free Time	Park Ballroom
7:30 PM to 7:45 PM	Break / Hydrate / Take Notes		
7:45 PM to 8:45 PM	Testing Hyung Review (Candidate Repetitions)	Free Time	Park Ballroom
Thursday, November 21st			
7:00 AM to 7:15 AM	Moo Pahl Dan Khum - Meditation on prior training and preparation for the Shim Sa		Park Ballroom
7:15 AM to 7:50 AM	Preparation for the Ko Dan Ja Shim Sa (Repetitions with Candidate Group)	Prepare (Setup & Clean) Do Jang for Ko Dan Ja Shim Sa Presentation	Park Ballroom
8:00 AM	Breakfast		Atrium (1st Floor)
9:30 AM to 10:30 AM	Candidate Questions with TAC (Rotate Groups, Hyung reps while waiting)	Visitors - Enhance Performance in your Required Material (Step 2)	KDJSS - Terrace 4 Visitors - Park Ballroom
10:30 AM	Candidate Group Picture		Park Ballroom
10:45 AM to 11:45 AM	Preparation for the Ko Dan Ja Shim Sa (Repetitions with Candidate Group)	Open Floor Training	KDJSS - Park Ballroom Visitors - Terrace 3
12:00 PM	Lunch		Atrium (1st Floor)
1:30 PM to 3:30 PM	2024 Ko Dan Ja Shim Sa - Candidate Final Presentation -		Park Ballroom
6:30 PM	2024 Ko Dan Ja Shim Sa Banquet & Celebrate 79 Years of the Moo Duk Kwan Farewell and Best Wishes		Hotel